



THE POWER OF PARTNERSHIP

# HOW COULD YOUR COMMUNITY BE HEALTHIER?



The Premier mission is “to improve the health of communities.” **Choice 365** offers tools designed to help members bring the wellness message to the forefront in their communities. It includes a variety of resources to educate communities on the impact of proper nutrition in ensuring wellness throughout the life cycle, from nutritionally sound menus to community-education presentations.

Available at no  
cost to US Foods®  
Premier members

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With **Choice 365**, you have access to:

- Articles on developing healthy-food criteria
- PowerPoint presentations, including scripts, on various nutrition-related topics





## How does it work?

- Log in to access the program at [www.premierinc.com/foodandnutrition](http://www.premierinc.com/foodandnutrition)
- Free to Premier members
- On the site, members will find:
  - Nutrition-related support materials
  - Hot-topic sheets dietitians can use to prepare key communication pieces
  - Recommended reading lists for patient waiting rooms
  - Instruction materials for 34 diets written at a seventh-to-eighth-grade level and translated into Spanish
  - A four-week-cycle Premier healthcare menu for use in foodservice venues, including hospitals, nursing homes, etc., recipes and nutritionals provided
  - Focused on providing culinary concepts that meet the self-operator's need for speed, quality and efficiency
  - K-12 offerings, including nutritional handouts promoting living a healthy lifestyle and a four-week menu from grades K-8 and 9-12

## Health is wealth. Share it!

Join Premier Connect and use Choice 365 to market healthy initiatives to your facility and community.

Log in today to access free healthy menus, recipes and resources, and integrate the reading lists into community areas within your facility.

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## Get started with Choice 365 today!

**Choice 365** is available exclusively to US Foods® Premier members. For more information, join Premier Connect, select the Food and Nutrition tab and click on the Choice 365 link.